

DRTA VIRTUAL TRAINING -  
HOUR TO EMPOWER WORKSHOP

# DE-ESCALATION TECHNIQUES FOR AGGRESSIVE BEHAVIOURS

WEDNESDAY 6TH JULY 2022

12.00PM- WORKSHOP COMMENCES

1.00PM - WORKSHOP ENDS

SKILLS AND KNOWLEDGE RELEVANT TO DIVERSIONAL AND RECREATION THERAPY. ESSENTIAL INFORMATION FOR YOUR CONTINUED PROFESSIONAL DEVELOPMENT PROVIDED VIA THIS VIRTUAL CLASSROOM IN A 1 HOUR DRTA WORKSHOP!

*Managing consumers in healthcare can be difficult and in some cases consumers' emotions may escalate leading to them becoming aggressive. This puts all consumers and staff at risk.*

*Staff need to be prepared to handle these situations and help reduce further escalation. Understanding the risks of aggression and learning strategies to assist with aggressive behaviour is an important safety measure.*

*In this session we will cover:*

- *What is aggression and what aggressive behaviour looks like*
- *Contributing factors*
- *The De-escalation process*
- *De-escalation techniques, including the importance of communication and body language*

## Your Presenter: Kylie Rice

*Kylie completed her Bachelor of Health Science (Therapeutic Recreation) at WSU and is currently on the DRTA Board in the role of the Treasurer, and previously had held the role of president. She has worked as a Diversional Therapist for the past 15 years specialising in Child and Adolescent Mental Health.*

*She also has extensive experience working with people with disabilities, including Cerebral Palsy, Intellectual Disability and Autism. Kylie has had further education in the fields of Art Therapy and Sensory Integration, helping to improve the quality of life for many children and their families.*



**A virtual learning opportunity.....With opportunities to network, exchange ideas and join Diversional and Recreation Therapy Australia! DRTA members will receive 1 PD hour for attending this virtual workshop live on the day.**

## INVESTMENT:

- DRTA Members \$30 (incl GST)
- DRTA Student members \$20 (incl GST)
- Non Members \$40 (Incl GST)
- **Note:** Cancellations require minimum 2 days notice to receive refund.

*Cost includes handouts, material & attendance certificates sent via computer/email. A link to the meeting will be forwarded a few days before hand with information on downloading needed technology.*

*Direct debits MUST be confirmed by emailing [enquiries@diversionaltherapy.org.au](mailto:enquiries@diversionaltherapy.org.au) before links will be forwarded.*



Leisure and Health  
Training in line  
with professional  
best practice

## REGISTER ONLINE!

Log in as a member  
to receive the  
discount

### CHEQUE:

Payable to:  
Diversional Therapy Australia  
ABN 84 066 487 821

### DIRECT DEBIT

Acc. Name: DRTA Workshops  
Bank: C'wealth  
BSB: 062281  
Acc.:1031 8600.

### VISA or MASTERCARD

Phone 1300 113 395 or  
return the registration form  
with the details filled in.



# WEDNESDAY 6TH JULY 2022

Complete the registration form below and post to PO Box 83 North Ryde NSW 1670 or email to [enquiries@diversionaltherapy.org.au](mailto:enquiries@diversionaltherapy.org.au)

DRTA member: Y / N Name: .....

Address: .....

Phone: (.....)..... Mob..... Fax: (.....).....

Email: .....

Payment Options: VISA/Master Card Cheque/Money order Direct Debit Amount: \$.....

Card Number: ..... Expiry: .....

Name on Card: .....

**Invoice my work**

Org Name: ..... Fax: (.....).....

Address: .....

**FURTHER CONSIDERATIONS:**

- Following your registration and a few days out from the workshop you will be forwarded a meeting link including instructions on downloading the required platform. Please ensure that you have access to a computer/laptop/ tablet or phone with a microphone and camera to be able to participate fully. Participants may attend in groups to the workshop where applicable however all participants should be registered to attend.
- If you require assistance with setting up the technology then please contact DRTA.
- Paperwork will be forwarded before the virtual workshop begins- this can be printed or saved to your computer. An online evaluation will be sent to you following the workshop to get your feedback.
- PDF's of PowerPoint's and other handouts will also be forwarded before/after the workshop.
- DRTA National Education Coordinator, as the meeting facilitator will monitor the presentation sessions and participants may be muted/un-muted to ensure quality as the presentations will be recorded and edited for future access.
- Questions and comments will be encouraged through the day to enable discussions and networking opportunities.
- **While correct at printing, last minute changes to the program may take place, due to circumstances beyond the control of the organisers.**



Diversional & Recreation Therapy Australia

## Virtual National Conference

23rd to 24th September 2022

