

# Adelaide CST Training Workshop

## 7<sup>th</sup> May 2018



Skills and knowledge essential for your professional development in a 1 day DRTA special workshop

## Cognitive Stimulation Therapy

*An evidence-based, drug-free treatment for people with mild to moderate dementia.*

*Leisure and Health/ Lifestyle/ DT staff and Private Consultants may hold the BEST skillset to deliver this research-proven program in community and residential settings.*

For this client group, CST has been shown to be as effective as cholinesterase inhibitors and is the ONLY nonpharmacological treatment accepted by NICE, (National Institute for Health and Care Excellence, UK)

Leisure and Health/Lifestyle/DRT staff may have the BEST skillset to deliver this research-proven program in community and residential settings. It is based on what we do every day – but in a more structured programme.

**Learn the RIGHT WAY to deliver CST to assist in re-enablement of care recipients with mild to moderate dementia. Start delivering CST programs in your facility or community setting!**

**Very limited spaces for this practical, interactive workshop.**

**DRTA quality, relevant Standard 3 Training!**

*(Purchase of recommended manual (at cost recovery only) is mandatory to complete this 1 day course).*

Sage Hotel Adelaide

208 South Terrace. Adelaide 0882232800

Registration at 8.30 am - Workshop 9am till 4pm

Cost includes morning tea, lunch, handouts, materials and attendance certificates.

See map on next page....

### Registering online?

you MUST login as a MEMBER to receive discount MEMBER price

**Cost: (Manual at cost included )**

**DTA Members \$249 (incl GST)**

**DTA Student member \$175 (incl GST)**

**Non Members \$299 (Incl GST)**

**Note: Cancellations require minimum 2 days' notice to receive refund otherwise NO refund**

We prefer payment by **VISA or MASTERCARD**  
Phone **1300 113 395** or return this form with the details filled in or pay via website

### Direct Debit

Acc. Name: DRTA Workshops

Bank: C'wealth BSB: 062281

Acc.:1031 8600.

Direct Debits **MUST** be

confirmed by email

### Or send a cheque

payable to:

**Diversional Therapy**

**Australia**

ABN 84 066 487 821

[enquiries@diversionaltherapy.org.au](mailto:enquiries@diversionaltherapy.org.au)

PH: 02 9887 5035 Toll free: 1300 113 395 FAX: 02 9887 5036 PO Box 83 North Ryde NSW 1670

### Self register NOW! Online

<https://diversionaltherapy.memnet.com.au/MemberSelfService/EventBooking.aspx?selectedEventId=146>

**[www.diversionaltherapy.org.au](http://www.diversionaltherapy.org.au) – You MUST register for website and LOGIN as a DTA member to receive member rates online (PAY ONLINE by visa or eft) – or just send in form on the back**



**DRTA now delivers Cognitive Stimulation Therapy sessions into YOUR facility or community**

CST benefits mood memory quality of life for people with mild to moderate dementia.

[www.diversionaltherapy.org.au](http://www.diversionaltherapy.org.au) | 1300 113 395



## Adelaide CST Dementia Workshop 7<sup>th</sup> May 2018

DTA member? (please circle)    Y            Name: .....

Address: .....

Phone: (.....)..... Mob..... Fax: (.....).....

Email: .....

Special Food requirements: .....

Payment Options         VISA/Master Card    Cheque/Money order    Direct Debit   Amount: \$

Card Number: ..... Expiry:   /   Name

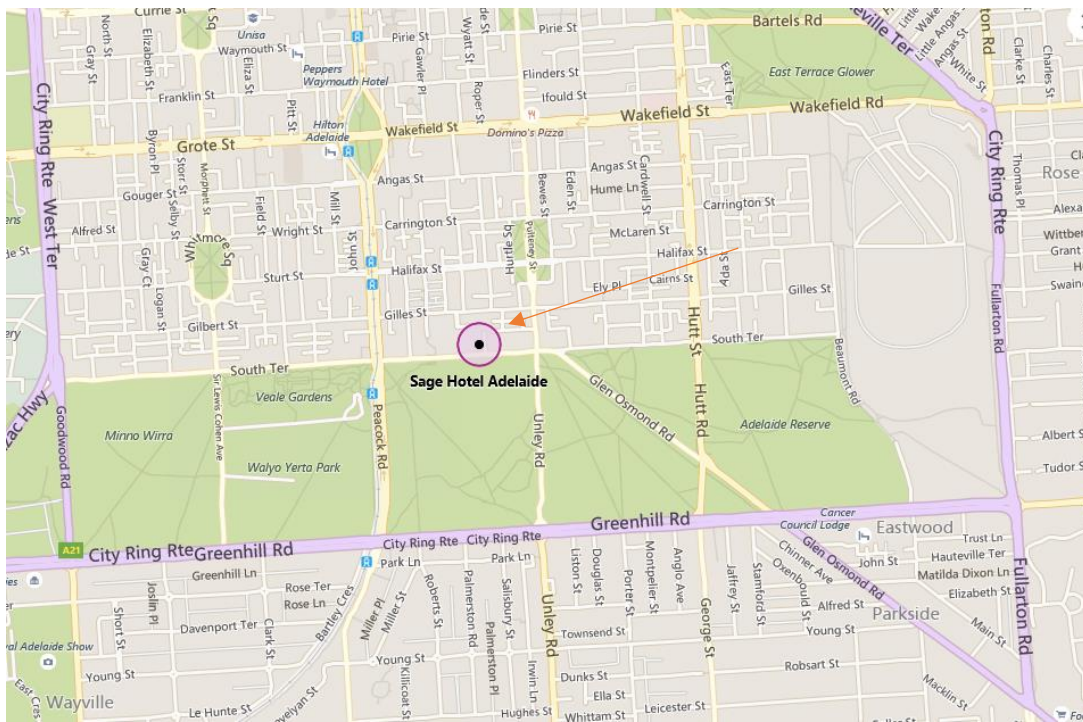
on Card: .....

Invoice my work  Org Name: ..... Fax: (.....).....

Address: .....

### Map & Directions

*Sage Hotel Adelaide*  
 208 South Terrace, Adelaide 0882232800



### Further Considerations:

Please note that it may be advisable to bring a light jacket to ensure your comfort during the workshop  
 Choosing to leave belongings unattended during break outs is at the individual's own risk.  
 Check online for competitive deals for accommodation close by.

**While correct at printing last minute changes to the program may take place due to circumstances beyond the control of the organisers.**