# Out of the Box

Diversional and Recreation Therapy Australia is the peak professional body for those working in the field. DRTA's annual conference is open to all diversional therapists, recreation or leisure therapists, activity officers, DT assistants, academics, researchers, students and those interested in the professional practice of Diversional and Recreation Therapy. The conference will showcase best practice, update knowledge and skills, provide networking with your peers from across Australia and reinvigorate your professional life.



"Out of the Box" demands we step out of our comfort zone, call on our creative self and embrace the ideas and inspirations from across and beyond the field of Diversional and Recreation Therapy. Practitioners, support workers, consumers and professionals in and around our field are seeking new ideas, skills and approaches to lead future practice.

A Trade Exhibition with a range of exhibitors from around the country will provide opportunities to find new and innovative resources or perhaps even pick up an old favourite directly from the supplier.



Anne Richard, Exec Director NCTRC - Don't miss Anne's sessions on International Practice and Credentialing

Based in New York, Anne Richard, MS, LRT/CTRS is currently the Executive Director of the National Council for Therapeutic Recreation Certification. Over her 26+ year career as a recreation therapist, she's worked as a therapist, supervisor, consultant, and educator, primarily in mental health services for adolescents, and long term care for older adults. She has presented on a variety of topics including international therapeutic recreation practice, professional certification and recertification, leadership, and the role of therapeutic recreation in resident quality of life.

## **Key Note Speakers**

#### Opening Speaker Day 1 Thursday 20th September 2018 Phil Hayes-Brown, CEO Wallara Australia Ltd

Presentation: "Innovation and inclusion, how Wallara is Leading the Way"

Phil Hayes-Brown was appointed Wallara CEO in May 2010 after 20 years across law, finance and sports marketing including 12 years with the American NBA with assignments in Singapore, Paris, London and Hong Kong.

At Wallara, Phil sees his role as attracting resources and partnerships to improve the conditions of the playing group, which in this case is 500 adults with different abilities, which also drives greater awareness and social inclusion.

Key Wallara partners now include Monash University, Hawthorn and St Kilda Footy Clubs, Myer, Ventura Bus Lines, and Mary Kay Cosmetics.

The innovations and platforms at Wallara Phil is most proud of include: the award winning WallaraTV team that has produced 150 videos and 7 x TV Specials; the partnership with Wintringham in Dandenong which enables ageing carers to be co-located with their adult children with disabilities they can no longer support; and Sages Cottage farm on the Mornington Peninsula.

#### Opening Speaker Day 2 Friday 21st September 2018 Bryan Lipmann AM, CEO and founder Wintringham

Presentation: "Overcoming challenges - Who suffers when we are obsessed with risk?"

He is an economics and social work graduate who has vast experience working with socially and financially disadvantaged older people.

Under Bryan's leadership, Wintringham has obtained substantial funding and support to enable the establishment of a range of housing and services to many aged people who were living in poor and insecure conditions. His ability to develop and implement high quality services that are financially viable, has influenced Government policy and welfare agencies towards a more co-ordinated response to a group of people who are some of the most disadvantaged within Australian society.

Bryan is a regular contributor to a range of local and international aged care and housing forums, and is the author of a book "The Elderly Homeless", which looks at the international provision of services to frail homeless men and women. He is a past President of the Community Housing Federation of Victoria.

In 1999, Bryan received the Order of Australia (AM) for his work with the elderly homeless; was acknowledged as a Distinguished Alumni of La Trobe University in 2009 and has just been named Melburnian of the Year for 2017..

### Pre conference workshop

#### Wednesday 19th September 2018

Activities, Activities - a **NEW** Feast of Takeaway CAFÉ (Creative Activities For Everyone) ideas (includes booklet of Activities to keep) A day of activities - workshopping through many activities with extras to take away with you.

The DRTA Takeaway CAFÉ's are an integral part of DRTA workshops. We know the demand for more activity ideas is high on the list of what we need as Diversional Therapists and Recreational Officers and this workshop delivers just that.

This hands on workshop will work through another swag of our popular Takeaway café ideas including some practical, hands on experiences working the activities and with demonstrations of other activities that you can do with no or very few resources. If you attend this workshop you will take away a booklet of all the activities (all different from last year's workshop) as a resource that you can refer back to. Don't miss out on this excellent practical workshop that will feed your need for activity ideas and more!

Stephania Bejma - DRTA National Education Coordinator will guide the day giving hands-on experience of the activities and ideas - you can go back to your clients and confidently introduce the activities demonstrated.

