

# DRTA Cruise

## Workshop on the Waves

Join DRTA's next  
Workshop on  
the Waves

2-9 February 2019

Work Hard & Learn in Luxury  
and Relax!!



**Super earlybird upgrade offer - Book Now to receive a FREE room upgrade and \$100 onboard credit!** (must book and pay REDUCED \$50 deposit before 13th February 2018. Other conditions apply)

Mental health skills are essential for everyone who works with humans! Seriously, whether working in aged care, with people with disabilities, in forensic health, public hospitals, regional and remote communities, in life - we can all use this mental health skillset to improve our effectiveness, practice and outcomes. Join us for this training opportunity using trauma informed care perspectives and benefit from the fabulous networking opportunities, fun and relaxation on board - a perfect learning environment!



### Quick facts

Date: 2nd February 2019 Departs Brisbane 7 days  
(returns 9th Feb early morning)

Ship: P&O Pacific Dawn (1546 guests max)

### Proposed schedule:

Sat Day 1 - 2:00pm depart **Brisbane** Meet & Greet

Sun Day 2 - at sea up to 8 hours learning

Mon Day 3 - 4 hours learning **Noumea, New Caledonia**

Tue Day 4 - **Lifou, New Caledonia**

Wed Day 5 - **New Caledonia** 4 hours learning

Thur Day 6 - at sea up to 8 hours learning

Fri Day 7 - at sea up to 8 hours learning

Sat Day 8 - **Brisbane** disembark morning

Training will be serious and comprehensive. The hours of learning time listed are approximate and may need to be increased. Learn Hard then Play Hard - or just Relax!

Earn 15 PD Points for successful completion.

(Changes to cruise or workshop may occur before sailing)



To deliver and assess these units, we are again fortunate to secure the services of Trevor Skerry, highly experienced and qualified trainer from Skills Training Australia, who will remain on board with us for the cruise.



Diversional & Recreation Therapy Accredited Skillset

### Trauma, grief and loss support skills - the DRT's essential guide to improving practice

Both these nationally accredited units can be used towards attaining the Cert IV in Mental Health, Cert IV in Alcohol and Other Drugs, Cert IV in Mental Health Peer Work and Cert IV in Ageing Support. Plus, either one contribute to many other nationally accredited Cert IV and Diploma courses.

It also stands alone as valuable best practice training for DRTs.

Trauma Informed Care (TIC) frameworks and philosophies have been identified as current best practice in the support of people who have experienced, are experiencing or are at risk of experiencing trauma. This TIC framework highlights the need to acknowledge peoples past experiences and how these experiences may impact on current problem solving and coping mechanisms as well as impacting on peoples mental and physical health.

The two units (Respond to suspected abuse and Provide loss and grief) will be delivered by using the TIC philosophy to identify and deliver best practice support the people you currently care for.

#### CHCCCS021 Respond to suspected abuse

This unit describes the skills and knowledge required to Identify signs of possible abuse, take appropriate action according to role and responsibilities and minimise the risk of abuse to a person.

AND

#### CHCCCS017 - Provide loss and grief support

This unit describes the skills and knowledge required to recognise and respond to the needs of people who are experiencing loss, grief and bereavement.

All students will be required to complete some online training or pre-reading **BEFORE** the cruise departs....

### Prices if booked by February 13th this year:

- From \$1999 per person Members (\$2099 Non Member) for Twin Share Inside cabin includes cruise admin, training course and costs
- From \$1999 per person Members (\$2099 Non Member) twin share for Oceanview cabin includes cruise, admin, training course and costs
- From \$2429 per person Members (\$2529 Non Member) Twin Share for Balcony cabin includes cruise, admin, training course and costs

#### Contact us NOW for:

- > Cabin only rates (if no training required eg partners & friends!)
- > Get 3 friends together and share to make it even cheaper! - contact us for rates.
- > Pay more and get a cabin to yourself - luxury!
- > Minisuites available from \$2729 per person twin share for full package.

To book we need your Full Name, Date of birth, copy of photo ID and Non Refundable deposit of \$50- balance payable October 1st 2018. No booking can be confirmed until deposit received. (The TAX deductible\* fee includes Cruise, all main meals, Conference Room facilities, Audio visual, Trainers, all training and assessment to achieve this skillset - YOU supply the learning and the relaxing!)

**\*Fully tax deductible for course and cruise package for anyone working in the diversional therapy/leisure and health/therapeutic rec field.** (\*Confirm this with your accountant DRTA is not able to give individual tax advice. We have been advised on tax deductibility from ATO general enquiry)

#### Dr Barbara Newton BA PhD

Clinical Psychologist with over 25 years in private practice will join us and share insights.



**Cabin types are limited - book NOW! DRTA office: enquiries@diversionaltherapy.org.au 1300 113 395**

#### Terms & conditions:

Offer subject to all P&O conditions and rules. This offer expires 13th February 2018. DRTA cannot guarantee this cruise workshop should unforeseen circumstances force cancellation by DRTA or P&O. Changes to programme and cruise itinerary may occur with out notice.



Supported by:  
2017-2018  
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