

# DRTA Conference 2017 innovation + expectation Programme

Day 1 Friday 6<sup>th</sup> October



Welcome – 9:00am

## Keynote speaker Bryan Lipmann AM, CEO Wintringham, Specialist Aged Care

*Bryan Lipmann is the CEO and founder of Wintringham, a secular, not-for-profit welfare company employing over 650 people to provide an extensive range of high quality aged care and housing services to elderly men and women, most of whom are homeless. He has worked with elderly homeless people for more than 30 years. In 2012 the United Nations announced that Wintringham had won its Scroll of Honour – their most prestigious UN Habitat award - the first time this award has gone to Australia. Bryan was awarded 2015 Melburnian of the Year.*

## Resident Movie Calendar Project 2017

Tara Plaisance

*Twelve movies were recreated by the residents, resulting in a selection of photos that were turned into a 12 month calendar*

Morning Tea 10:30am

## Taking DRTA to the World – we are all international DRTs! Facilitated by Darren Robinson, SA

Includes a round up of DRTA international contacts, and SKYPE sessions with:

**Dr Mark Brown**, Pikes Peak Motivation, Colorado USA who will speak on:

**We are part of the Family, all my assistants and ME: The Activity Professional, more than Bingo and Birthday Parties** (as presented in April 2017 at the National Association of Activity Professionals, Denver, Colorado)

**Casey Narusawa**, Activity Director, will report in via Skype on what they have been doing at The Plaza Assisted Living at Pearl City in Pearl City, Hawaii

## Doll Therapy for a Positive Approach

Takako Serizawa, President DTA Japan

*In a Brisbane nursing home in 1997 Takako was first introduced to Doll Therapy, a technique unheard of in Japan at the time. Includes case studies of Doll Therapy from Japan using specially designed dolls.*

Lunch 12:45pm

**Applications of Animal Assisted Interventions in an acute hospital setting** Erica Stevenson, TAS & Bobbi Burgmann, NSW *The uniqueness of the human-animal bond and how this is an important tool for DRT*

## Are You a Professional?

Debra Riedel, VIC

*Whilst many Allied Health professions – Physiotherapists and occupational therapists are seen as professionals, the same courtesy is frequently not conferred on Diversional and Recreation Therapists. This session shows how management and the DRT department worked over years to ensure that DRT roles were seen as professional.*

## Jugo: Care for one another

Annemarie Kluvers, WA

*Effective communication between family, staff and residents -- developing an App for better results*

## Creation of a Community /Family Tree

Lesley Fox & Carima Dordoy, NSW

*An interactive session where delegates will create a DRTA Conference Community Tree as an example*

## PARO Seals the deal!

Christine Bourke, QLD  
*A family visit to The Netherlands, then big fundraising efforts, brought results for Aussie aged care residents*

## 'Prominiscing' – and what do you think happened next?

Claudia Stephson, QLD  
*Instead of using props for reminiscing, to use them as prompts to 'think forward' for cognitive stimulation*

Afternoon Tea 3:15pm

## CST - Cognitive Stimulation Therapy: What is it and Why do DRTs need to be Excited?

Toni Wallwork, NSW

*How CST helps our clients/residents and DRTs*

## Juicing Activities for Added Value

Astrid Heckler, QLD

*Tells us how to 'squeeze' the sweetest result from activities you may (or may not) have already thought of*

**DRT in Community Care settings: a golden opportunity** Daniel Gray, VIC *Highlights the growing opportunity from recent changes in the community sector. Outlines Wintringham's rapidly expanding community department, discusses job options and showcases the amazing client outcomes to be achieved.*

**Cocktail Party – 6:15- 8:15pm** DTA Award for Excellence, Prizes, Poster Presentations & Networking  
**Join delegates, DRTA Board, Trade Partners and special guests for a drink and substantial canapés and to celebrate the runners up and the winner of the DRTA Award For Excellence 2017**

Don't miss this important (and fun) event – INCLUDED in your registration fee!

# DRTA Conference 2017 innovation + expectation Programme

Day 2 Saturday 7<sup>th</sup> October



Welcome – 8:30am	
<p><b>Keynote Speaker – Dr Helena Popovic</b>  <b><i>The X Factor for Excellence</i></b>  <i>Excellence is the state of being outstanding – of being or acting in such a way that others sit up, take notice and remember. It isn't about "needing" to be noticed, but about exceeding people's expectations and offering something truly worthwhile. Technical mastery of skills is no longer enough to stand out and be truly memorable. Everyone in these highly competitive times is good. The X factor is about being extraordinary.</i></p> <p><i>Dr Helena Popovic is a medical doctor, leading authority on how to improve brain function, international speaker and best-selling author. Helena's philosophy is that education is more powerful than medication and she believes in slow ageing despite fast living. She is exceptional in teaching the Neuroscience of Success and empowering people to live longer, stronger, healthier and happier. For Dr Helena, promoting optimal physical and mental health is not only her profession, it's her passion, her purpose and her personal way of life.</i></p>	
<p><b>Stay Calm and Play with Yarn</b>                  Shannon Azzopardi, NSW  <i>An innovative – 'outside the box' answer to modernizing our response to diminishing skills and limited resources. Finding new ways to display and honour residents' creativity.</i></p>	
Morning tea 10:00am	
<p><b><i>Diversional and Recreation Therapy – let's get real about issues around Mental Health and Diverse Sexuality</i></b> Trevor Skerry, VIC  <i>How can we deliver services that meet and go beyond the "rainbow tick"</i></p>	<p><b><i>Baby Buddies a small dose of happiness</i></b>                  Orquidea Mortera, NZ  <i>Sharing between young mothers and seniors in NZ Rest Homes promotes resilience as stories are shared and a new sense of hope is created as loneliness fades</i></p>
<p><b><i>Porcelain Petit Fours and Proactive People P4 Club</i></b>                  Michelle Roche, QLD  <i>Supporting residents who retreat from large scale events and probably never liked socialising in groups!</i></p>	<p><b><i>Off and Racing</i></b>                  Linda Riedel, QLD  <i>Creating a top resource for Melbourne Cup or Racing activities</i></p>
<p><b><i>Innovative application of technology for Diversional Therapists to meet the expectations of the Baby Boomers</i></b> Jade Gilchrist, QLD  <i>Using qualitative and quantitative data collected from DRTs and Baby Boomers, this new research explores what Baby Boomers want from DRT</i></p>	<p><b><i>How to be Innovative with Programming: Keep it fresh and interesting</i></b>                  Glenda Kubler, QLD  <i>A practical session to provide inspiration and ideas to reinvent and recharge programmes.</i></p>
Lunch 1:00pm	
<p><b><i>Applied Tai Chi for Healthy Ageing</i></b>                  Rod Ferguson, QLD  <i>Evidence-based intervention of applied Tai Chi suitable for non-expert class leaders with understanding of their client group</i></p>	<p><b><i>Hosting a Themed Year in Your Workplace</i></b>                  Lesley Fox, NSW  <i>How themed years can build into the community spirit of a workplace using unique activities linked to the overarching theme of the year</i></p>
<p><b><i>Expectation: Diversional Therapy intervention during inpatient rehabilitation for patients with traumatic brain injury.</i></b>                  Renee Rizzo, NSW  <i>Case studies from Liverpool Hospital Brain Injury Rehabilitation Unit in Sydney.</i></p>	
Final Prizes awarded, Close by DRTA and last minute Trade display 4:00pm Close	

Please note that circumstances beyond our control may force some CHANGES to this programme!

Diversional & Recreation Therapy Australia  
**National Conference 2017**

6th & 7th October  
 Royal on the Park  
 Brisbane QLD

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