

# Toowoomba CST Training Workshop

## 16<sup>th</sup> April 2018



Skills & knowledge essential to deliver the principles of CST in a 1-day DRTA professional development workshop

## Cognitive Stimulation Therapy

*An evidence-based, drug-free treatment for people with mild to moderate dementia.*

*Leisure and Health/ Lifestyle/ DT staff and Private Consultants may hold the BEST skillset to deliver this research-proven program in community and residential settings.*

For this client group, CST has been shown to be as effective as cholinesterase inhibitors and is the ONLY nonpharmacological treatment accepted by NICE, (National Institute for Health and Care Excellence, UK)

Leisure and Health/Lifestyle/DRT staff may have the BEST skillset to deliver this research-proven program in community and residential settings. It is based on what we do every day – but in a more structured programme.

**Learn the RIGHT WAY to deliver CST to assist in re-enablement of care recipients with mild to moderate dementia. Start delivering CST programs in your facility or community setting!**

**Very limited spaces available for this practical, interactive workshop.**

**DRTA quality, relevant Standard 3 Training!**

Toowoomba City Library

Corner of Herries and Victoria streets,  
Toowoomba Community Venues, Level 3  
*See map on next page ...*

Registration at 9am - Workshop 9.30am till 4pm

Cost includes morning tea, lunch, handouts,  
materials and attendance certificates.

### Registering online?

you MUST login as a  
MEMBER to receive  
discount MEMBER price

**Cost: (Manual at cost included)**

**DRTA Members \$249 (incl GST)**

**DRTA Student member \$175 (incl GST)**

**Non Members \$299 (Incl GST)**

*Note: Cancellations require minimum 2 days' notice to receive refund otherwise NO refund*

*(Purchase of recommended manual (at cost recovery only) is mandatory to complete this 1 day course).*

*Interested in **CST Train the Facilitator Advanced Course**, for details and costs please contact the office on:*

**[enquiries@diversionaltherapy.org.au](mailto:enquiries@diversionaltherapy.org.au)**

PH: 02 9887 5035 Toll free: 1300 113 395 FAX: 02 9887 5036 PO Box 83 North Ryde NSW 1670

We prefer payment by **VISA or MASTERCARD**  
**Phone 1300 113 395 or return this form with the details filled in or pay via website**

### Direct Debit

Acc. Name: DRTA Workshops  
Bank: C'wealth BSB: 062281  
Acc.:1031 8600.  
*Direct Debits **MUST** be confirmed by email*

**Or send a cheque**  
payable to:  
**Diversional Therapy**  
**Australia**  
ABN 84 066 487 821

**Self register NOW! Online**

<https://diversionaltherapy.memnet.com.au/MemberSelfService/EventBooking.aspx?selectedEventId=143>

**[www.diversionaltherapy.org.au](http://www.diversionaltherapy.org.au) – You MUST register for website and LOGIN as a DTA member to receive member rates online (PAY ONLINE by visa or eft) – or just send in form on the back**



**DRTA now delivers Cognitive Stimulation Therapy sessions into YOUR facility or community**

CST benefits mood memory quality of life for people with mild to moderate dementia.

[www.diversionaltherapy.org.au](http://www.diversionaltherapy.org.au) | 1300 113 395



## Toowoomba CST for Dementia Workshop 16<sup>th</sup> April 2018

DTA member? (please circle)  Y Name: .....

Address: .....

Phone: (.....).....Mob..... Fax: (.....).....

Email: .....

Special Food requirements: .....

Payment Options  VISA/Master Card  Cheque/Money order  Direct Debit Amount: \$

Card Number: ..... Expiry: / Name

on Card: .....

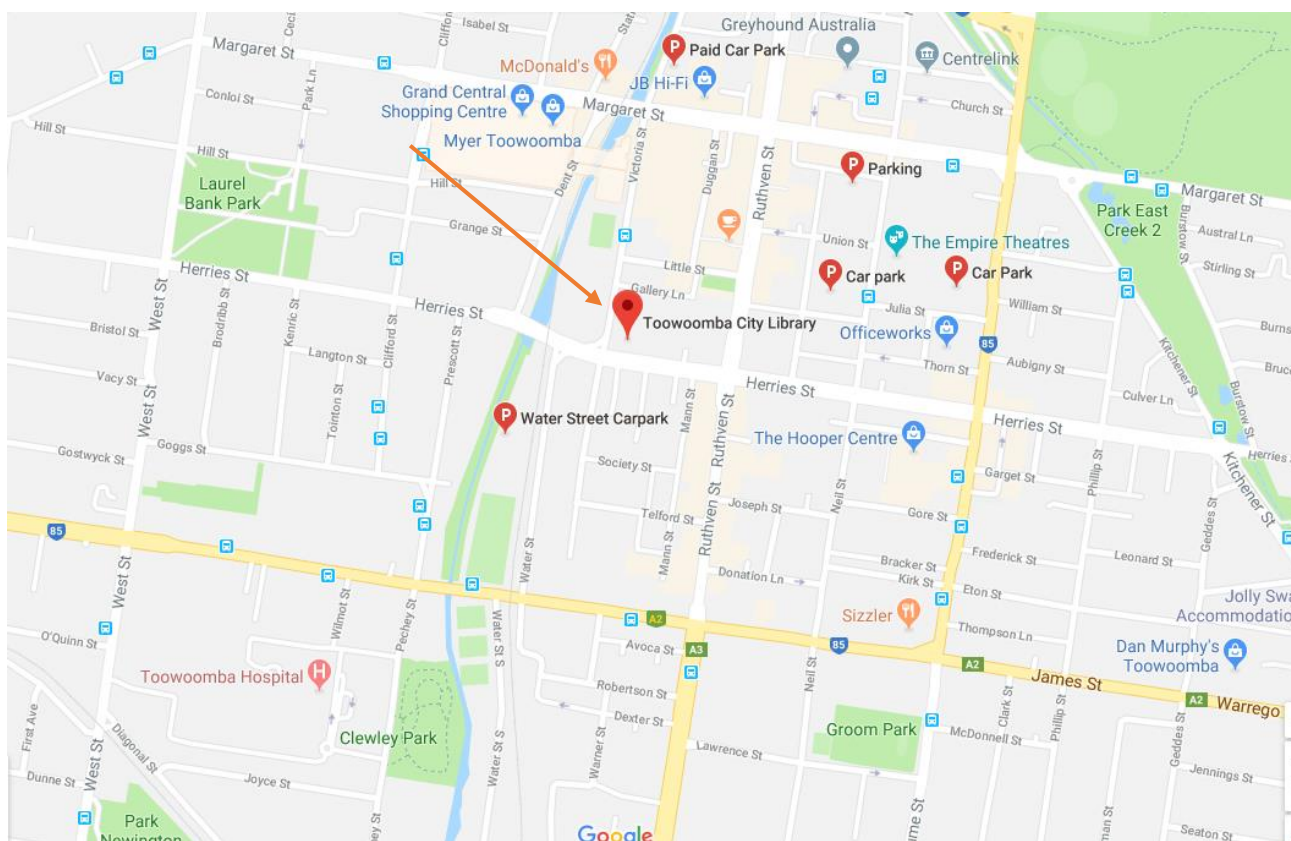
Invoice my work  Org Name: ..... Fax: (.....).....

Address: .....

### Map & Directions

Community Venues, Level 3, City Library Building

The Toowoomba City Library is located on the corner of Herries and Victoria streets.



**Parking:** Please be advised that there is limited free parking available in the building's undercover carpark - 15 minute, 1 hour, 2 hour or 3 hour duration. Attendees must comply with signage as this is a public car park regulated independently of the library team and we have no ability to extend times. Full day paid parking is available a short walk away at the Water/Herries St Carpark. \$5 per day. Cash and cards accepted. Other Parking stations are shown on the map.

### Further Considerations:

Please note that it may be advisable to bring a light jacket to ensure your comfort during the workshop

Choosing to leave belongings unattended during break outs is at the individual's own risk.

Check online for competitive deals for accommodation close by.

**While correct at printing last minute changes to the program may take place due to circumstances beyond the control of the organisers.**